



Holy Family Catholic Academy

HFCA Lunch Menu

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3. Labor Day No School	4. Chicken Sandwich Tater Tots Fruit Cocktail Chocolate Pudding	5. Teriyaki Meatballs Steamed Rice Corn Mandarin Oranges	6. Chicken Long Rice Steamed Rice Tossed Salad Pineapples	7. Sloppy Joe on Bun Carrot Sticks Fresh Orange Slices
10. Staff Development Day No School	11. Chicken Katsu Steamed Rice Corn Sliced Peaches	12. Breakfast Bowl Scrambled Eggs Potatoes O'Brian Little Smokie Links	13. Pork Luau Steamed Rice Fruit Cocktail Tossed Salad	14. Baked Spaghetti Dinner Roll Sliced Peaches Tossed Salad
17. Chicken Tenders Steamed Rice Peas and Corn Pineapples	18. Fried Noodles Chicken Wings Fruit Cocktail Tossed Salad	19. Build Your Own Hot Dog Hot Dog Tater Tots Fresh Orange Wedges Cucumber Slices	20. Roast Pork w/Gravy Mashed Potatoes Applesauce Corn	21. Baked Fish Tempura w/Tartar Sauce Steamed Rice Sliced Peaches Tossed Salad
24. Macaroni and Cheese Mixed Vegetables Applesauce Whole Wheat Bread	25. Dominos Pizza Day	26. Baked Chicken w/Mushroom Gravy Mashed Potatoes Pears Dinner Roll	27. Thai Meatballs Steamed Rice Corn Fruit Cocktail	28. Soft Beef Tacos (2) Oven Fries (Lettuce, Cheese, Salsa, Sour Cream) Sliced Peaches