



Holy Family Catholic Academy

School Lunch Menu October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Mac n' Cheese Mixed Vegetables Apple Sauce Dinner Roll	2. Shoyu Chicken Steamed Rice Corn Mandarin Orange	3. Chicken Tenders w/BBQ Sauce Oven Fries Pears Orange Wedge	4. Ham and Cheese Sandwich Corn Chowder Chocolate Pudding Sliced Peaches
7. Fall Break	8. Fall Break	9. Fall Break	10. Fall Break	11. Fall Break
14. Chicken Parmesan Sandwich Oven Fries Pineapple Chunks Chocolate Chip Cookie	15. Meatball Stroganoff Egg Noodles Fruit Cocktail Tossed Salad Dinner Roll	16. Chicken Adobo Steamed Rice Corn Sliced Peaches	17. Spaghetti w/Meat Sauce Steamed Broccoli Pears Dinner Roll	18. Chicken Katsu Steamed Rice Tossed Salad Pineapple Chunks
21. Baked Macaroni Peas and Corn Fruit Cocktail Dinner Roll	22. Beef Stew Steamed Rice Tossed Salad Tropical Fruits	23. Pizza Day	24. Beef Nachos Sliced Cucumbers Mandarin Oranges	25. K-8 Parent/Teacher Conference (No School)
28. K-8 Parent/Teacher Conference (No School)	29. Pork Patty on Bun Oven Fries Orange Wedge Chocolate Pudding	30. Baked Chicken Mashed Potatoes w/Gravy Mixed Vegetables Pears	31. Build Your Own Hot Dog Oven Fries, Sliced Cucumbers Apple Wedge	

****Menu Subject to Change Without Notice**