



Holy Family Catholic Academy

School Lunch Menu

September 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| 2. Labor Day No School | 3. Chicken Parmesan Sandwich Oven Fries Cucumbers Orange Wedge | 4. Spaghetti and Meatballs Tossed Salad Sliced Peaches Dinner Roll | 5. Breaded Pork Chops Mashed Potato w/Gravy Corn Mandarin Oranges | 6. Sloppy Joe on Bun Carrot Sticks Fresh Orange Wedge |
| 9. Staff Development Day No School | 10. Fish Burger with Cheese Oven Fries Pineapples | 11. Chicken Tenders Oven Fries Fresh apple Wedge | 12. Baked Ziti w/Italian Sausage Tossed Salad Pineapples Dinner Roll | 13. Pork Luau Steamed rice Tossed Salad Pineapples |
| 16. Cheeseburger Macaroni Tossed Salad Pears Dinner Roll | 17. Chicken Hekka Steamed Rice Tossed Salad Pineapples | 18. Pizza Day | 19. Roast Pork Mashed Potatoes w/Gravy Tossed Salad Apple Sauce | 20. Meatball Stroganoff w/Egg Noodles Tossed Salad Tropical Fruits |
| 23. Teriyaki Hamburger Steak Steamed Rice Corn Mandarin Oranges | 24. Chicken Katsu Sandwich Oven Fries Tossed Salad Sliced Peaches | 25. Build Your Own Hot Dog Oven Fries Mandarin Oranges | 26. Fried Noodles Mini Manapua Tossed Salad Fruit Cocktail | 27. Oven Baked Chicken Mashed Potato w/Gravy Corn Mandarin Oranges |
| 30. Beef and Cheese Nachos Tossed Salad Sliced Peaches | | | | |

****Menu Subject to Change Without Notice**