



Holy Family Catholic Academy

School Lunch Menu

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1. Mac and Cheese Mixed Vegetables Applesauce Dinner Rolls	2. Shoyu Chicken Rice Corn Mandarin Orange	3. *Mini Bento Day* Rice, Spam, Hot Dog and Chicken	4. Beef Stew Steamed Rice Tossed Salad Sliced Peaches	5. Tuna Melt on Kaiser Roll Corn Chowder Sliced Peaches Tapioca Pudding
8. Fall Intersession	9. Fall Intersession	10. Fall Intersession	11. Fall Intersession	12. Fall Intersession
15. Breaded Pork Chops Mashed Potatoes w/Gravy Peas and Corn Pineapples	16. Mexican Lasagna Cornbread Tossed Salad Fresh Apple Wedges	17. Meatballs and Gravy Rice Sliced Peaches Tossed Salad	18. Chicken Adobo Rice Corn Fruit Cocktail	19. K-8 Parent/Teacher Conference No School
22. K-8 Parent/Teacher Conference No School	23. Chicken Salad on Kaiser Roll Tossed Salad Fruit Cocktail	24. Hot Dog Day French Fries Orange Wedges Tapioca Pudding	25. Chicken Tenders Oven Fries Corn on a Cob Sliced Pears	26. Beef Nachos Tater Tots Mandarin Oranges
29. Baked Macaroni Tossed Salad Fruit Cocktail Dinner Roll	30. Baked Chicken Mashed Potatoes and Gravy Mixed Vegetables Sliced Pears	31. Domino's Pizza Day		

****Menu Subject to Change Without Notice**