



# Holy Family Catholic Academy

## School Lunch Menu

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7. Chicken Sandwich Tossed Salad Fresh Orange Wedges	8. Baked Fish Tempura Rice Corn Sliced Pears	9. Chicken Long Rice Rice Pineapples Tossed Salad	10. Sloppy Joe Carrot Sticks Fresh Apple Jell-O	11. <b>Mini Bento</b> Rice, Chicken, Spam Hotdog
14. Chicken Tenders Corn Bread Peas and Carrots Apple Sauce	15. Hamburger Steak Mashed Potatoes w/Gravy Dinner Roll Fruit Cocktail	16. Pork Luau Rice Tossed Salad Tropical Fruit	17. Beef Nachos (Salsa, Sour Cream, Olives) Tossed Salad Mandarin Oranges	18. Fried Noodles Oven Fried Chicken Carrot Sticks Fruit Cocktail
21. <b>Martin Luther King Day</b> (No School)	22. Fish Tacos (2) (Salsa, Cheese, Sour Cream) Tossed Salad Mandarin Oranges Tater Tots	23. <b>Pizza Day</b>	24. Hamburger Stroganoff w/Pasta Tossed salad Dinner Roll Tropical Fruits	25. <b>Breakfast for Lunch</b> Diced Potatoes with Scrambled Eggs, Pork Sausages Biscuits & Gravy Sliced Pears
28. <b>Build Your Own Hotdog</b> Carrot Sticks Fresh Orange Wedge	29. Beef Nachos (Salsa, Sour Cream, Olives) Tossed Salad Mandarin Oranges	30. Roast Pork Mashed Potatoes & Gravy Corn Apple Sauce	31. Chicken Katsu Rice Corn Fruit Cocktail	

\*\*Menu Subject to Change Without Notice