



# Holy Family Catholic Academy

## School Lunch Menu November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1. Chicken Tenders Oven fries Orange Wedge
4. Meatballs w/Gravy Steamed Rice Tossed Salad Pineapples	5. Chicken Parmesan w/Ziti Pasta Tossed Salad Pineapples French Bread	6. Chicken Adobo Steamed Rice Corn Sliced Peaches	7. Spaghetti w/Meat Sauce Steamed Broccoli Pears Dinner Roll	8. <b>**Early Dismissal**</b> Chicken Katsu on Bun Tossed Salad Pineapples  <b>**Fall Festival**</b>
11. <b>Veterans Day No School</b>	12. Beef Nachos Sliced Cucumbers Mandarin Oranges	13. <b>Pizza Day</b>	14. Beef Stew Steamed Rice Pineapples Dinner Roll	15. Chicken Long Rice Steamed Rice Tossed Salad Mandarin Oranges
18. Pork Patty on Bun Oven Fries Orange Wedge	19. Chow Fun Noodles w/Cabbage Mini Manapua (2) Mandarin Oranges	20. Baked Chicken w/Gravy Mashed Potatoes Mixed Vegetables, Pears	21. <b>Build Your Hot Dog</b> Cucumber Slices Apple Wedge	22. <b>Thanksgiving Luncheon</b> Roast Turkey w/Gravy Mashed Potatoes Stuffing, Corn Fruit Cocktail
25. Mac and Cheese Mixed Vegetables Apple Sauce Dinner Roll	26. Baked Shoyu Chicken Steamed Rice Corn Mandarin Oranges	27. <b>**Early Dismissal**</b> Sloppy Joe on Bun Oven Fries Fruit Cocktail Carrot Sticks	28. <b>Thanksgiving Day</b>	29. <b>Thanksgiving Holiday</b>

**\*\*Menu Subject to Change Without Notice**